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We have all been impacted by the COVID-19 pandemic in a variety of ways. As a District we are united in making the best decisions for our students. The intent of this guide is to provide our staff, students, and families information pertaining to our 2021-2022 school year based on the most current information.

We have taken many steps to prepare for the full reopening of our school campuses. Beginning in May 2020, we launched a “Futures Taskforce” to assist in the planning for reopening of our campuses and determining learning models and supports that meet county and state guidelines. We’ve also worked with numerous advisory groups consisting of parents, students, and stakeholders from across the District and community to discuss the reopening of our campuses.

The information provided in this plan reflects the most current guidance set by the California Department of Public Health and San Diego County Public Health. As a District, we will adhere to the most recent COVID guidelines issued by CDPH and San Diego County Public Health. Please note that this document is subject to change based on current public health orders set by the State of California and San Diego County.

We appreciate our teachers, staff, and administrators for their continued efforts on behalf of our students. We also want to thank our students and families for their understanding and support during this time of change. We look forward to our continued work together as we welcome all students back to our campuses for the 2021-2022 school year.
HEALTH AND SAFETY

DAILY HEALTH PRACTICES AND PROTOCOLS

ARRIVING AT SCHOOL/WORK

Students and staff should not attend school or report to a district work facility if you:

- Have a fever of 100°F or more
- Are experiencing symptoms including a persistent cough, shortness of breath, runny nose, nasal congestion, sore throat, nausea, vomiting, diarrhea, fatigue, new loss of taste/smell, headache, muscle or body aches, or poor appetite

Signage throughout the school will assist students and staff to remember to wear masks and follow hand washing protocols.
Handwashing is strongly encouraged as one of the most effective ways to prevent the spread of any biological pathogen, including COVID-19. The hand sanitizer used by the District shall have a minimum alcohol content of 60% in order to efficiently promote the disinfection of an individual’s hands.

California Department of Public Health (CDPH) COVID-19 Industry Guidance: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx

- Employees are expected to frequently wash their hands. Hand-washing soap is provided in restrooms and all sinks
- Hand sanitizer is provided in common areas and at the public entrances to facilities
- Hand sanitizer dispensers have been installed inside or near the entrance to each classroom

Other supplemental actions have been taken as follows:
- Signs on proper hand-washing procedures are posted next to sinks.
- Hand sanitation is promoted throughout the day, especially:
  - Before and after using the restroom
  - Before and after breaks
  - Before and after meals or snacks
  - After coughing and/or sneezing
  - After being outside
HEALTH AND SAFETY

PERSONAL PROTECTIVE EQUIPMENT AND PROTOCOLS

PERSONAL PROTECTIVE EQUIPMENT (PPE)

All employees have been or will be provided with personal protective equipment to be used in accordance with current federal, state, and local mandates to protect themselves and others from the spread of the COVID-19 virus.

California Department of Public Health (CDPH) COVID-19 Industry Guidance: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx

The following items have been sent to schools based upon student enrollment, specialized programs, and number of staff:

- Cloth masks
- Disposable masks
- Face shields
- Hand sanitizer
- Gloves
- Gowns
- Spray bottle, soap and paper towels
- Thermometers

(distributed for school health office use and special programs; not per classroom)

Additional PPE is provided upon request for employees who may perform duties that require specific PPE
HEALTH AND SAFETY

PERSONAL PROTECTIVE EQUIPMENT AND PROTOCOLS

FACE COVERINGS

On July 12, 2021, the California Department of Public Health (CDPH) issued guidance for the use of face coverings in response to the COVID-19 epidemic. Consistent with this guidance and current state mandates, the District has established the following guidelines regarding the use of face coverings. For information and exemptions please visit CDPH.

STUDENT FACE COVERINGS

Based on the mandate released by the California Department of Public Health, face coverings are required, regardless of vaccination status, while indoors at K-12 schools and in District vehicles.

Face coverings are not required, but are recommended for unvaccinated persons while outdoors at all EUHSD locations.

Students who will not follow the CDPH mask mandate will be excluded from campus and offered the alternative educational opportunity of Independent Study.

https://www.cdph.ca.gov/
All EUHSD employees shall provide proof that they are fully vaccinated or test weekly for COVID-19, as required by the California Department of Public Health State Public Health Order issued on August 11, 2021.

https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Order-of-the-State-Public-Health-Officer-Vaccine-Verification-for-Workers-in-Schools.aspx

Pursuant to the guidance released by the California Department of Public Health, the following applies for EUHSD staff:

- Face coverings are required, regardless of vaccination status, while indoors at K-12 schools when sharing spaces with K-12 students. This applies for all school sites with students in grades K-12 (Escondido, San Pasqual, Orange Glen, and Valley High Schools, and Del Lago Academy)
- Face coverings are not required for fully vaccinated individuals, but are required for unvaccinated individuals, while indoors at non-K-12 school facilities. This includes the District Service Center, Maintenance and Operations, Transportation, Warehouse, Escondido Adult School, and START
- Face coverings are not required, but are recommended for unvaccinated persons, outdoors at all EUHSD locations
- Face covering are required on all district vehicles and buses
HEALTH AND SAFETY

PERSONAL PROTECTIVE EQUIPMENT AND PROTOCOLS

PHYSICAL DISTANCING

Recent evidence indicates that in person instruction can occur safely without minimal physical distancing requirements when other mitigation strategies (e.g. masking and handwashing) are implemented. Physical distancing will be maximized while eating as much as possible.

VISITORS TO CAMPUS

Non-essential visitors during regular school hours (including volunteers, and activities involving other groups) are currently limited.

- Volunteers or non-essential visitors will be limited on campus
- Visitors who are required to come onto campuses such as members of public health, social workers, service providers, or law enforcement and be in the presence of K-12 students shall be required to wear face coverings
The District has established cleaning and sanitization standards in conjunction with the Centers for Disease Control (CDC) recommendations to provide for the health and safety of its employees and the public that visits the Escondido Union High School District. The following definitions apply in this section.

**CLEANING** - Physical removal of soil (dirt and debris) from surfaces which can include the use of water and detergent.

**SANITIZATION** - Treating a surface to effectively reduce microorganisms of public health significance. Cleaning before sanitizing is recommended.

**DISINFECTING** - Destroying or inactivating microorganisms, including bacteria and viruses on surfaces.

### Cleaning and Sanitizing Protocol

- Frequently touched surfaces (desks, seats, light switches, doorknobs, etc.) will be cleaned nightly by the custodial crew
- Restrooms will be cleaned on a regular basis
- Offices/classrooms will be cleaned nightly
- Custodians will follow CAL/OSHA requirements including proper ventilation during cleaning and disinfecting
- Cleaning products used by the Escondido Union High School District are FDA approved. Each product is vetted and its use is identified for specific cleaning purposes. Safety precautions and information on the makeup of each cleaning product can be found in the Safety Data Sheet (SDS) for the product. Product SDS information can be found in the employee lounge and online in the operations section of the District website
- In the event of a positive COVID-19 case within the last 24 hours, the facility spaces occupied by the positive case will be deeply cleaned and disinfected
All heating, ventilation, and air conditioning (HVAC) systems have been checked, cleaned, maintained and all filters have been changed. HVAC systems all have MERV-13 filter. HVAC systems introduce uncirculated fresh air into classrooms based on recommendations from the American Society of Heating, Refrigeration, and Air Conditioning (ASHRAE). Rooms that do not have HVAC systems that are compatible with MERV-13 filters will have a portable HEPA filter installed.
If the student has an existing medical condition that exhibits symptoms consistent with COVID-19 (asthma, allergies, migraines, etc.), please provide a signed note to the health office from a licensed health care provider explaining how the symptoms are unrelated to COVID-19. If the school health office already has documentation of the student’s medical condition, no additional action is necessary.
COVID-19 SCREENING, EXPOSURE & NOTIFICATION PROTOCOLS

RAPID ANTIGEN TESTING PROGRAM FOR EUHSD STUDENTS

Students and staff who’ve been identified as a close contact to someone who’s tested positive for COVID-19 on campus could have the option to receive free COVID19 tests through the rapid antigen testing program. This is a voluntary program, in partnership with the California Department of Public Health and the County of San Diego Health and Human Services Agency, which will help limit the number of close contact students who need to be quarantined. Parents/guardians must register and provide consent for their student to participate through the online portal.

**For specific guidance on symptom screening, follow the current county decision tree page 1.**

**WHAT SHOULD I DO IF I HAD CLOSE CONTACT WITH SOMEONE WHO HAS COVID-19 AND I HAVE NO SYMPTOMS?**

When both parties were wearing a mask in the indoor classroom setting, fully vaccinated students do not quarantine unless they have symptoms. Unvaccinated students who are close contacts (more than 15 minutes over a 24-hour period within 0-6 feet indoors) may undergo a modified quarantine as follows. They may continue to attend school for in-person instruction if they:

- Do not have any COVID symptoms
- Continue to appropriately mask, as required;
- Undergo twice weekly testing; and
- Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting

The modified quarantine will end on day eight so long as the close contact student obtains a negative test on or after day five. Parents/guardians will be notified via Blackboard (email, phone, and text message to the parent/guardian information on file) the evening before students need to come in for antigen testing provided by EUHSD.
COVID-19 SCREENING, EXPOSURE & NOTIFICATION PROTOCOLS

For specific guidance on quarantine options, follow the current county decision tree page 2.

QUARANTINE

Quarantine recommendations for unvaccinated close contacts who were not wearing masks.

- For these contacts, those who remain without symptoms, may discontinue self-quarantine under the following conditions:
  - Quarantine can end after Day 10 from the date of last exposure without testing; OR
  - Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative

I JUST CAME BACK FROM TRAVELING ABROAD AND DO NOT HAVE ANY SYMPTOMS. IS IT OKAY TO GO BACK TO SCHOOL OR SHOULD I SELF-QUARANTINE FOR A FEW DAYS?

Students who have recently traveled out of state or out of country should monitor their symptoms and follow all safety protocols. If the student is not exhibiting symptoms and has not been in a confirmed, close contact situation with someone who has tested positive for COVID-19, the student is welcome to attend school on campus when scheduled. There is no mandatory quarantine after travel at this time.
COVID-19 SCREENING, EXPOSURE & NOTIFICATION PROTOCOLS - STUDENTS

WHEN QUARANTINING DUE TO COVID-19

Stay home. Most people with COVID-19 have mild illness and can recover at home without medical care. Do not leave your home, except to get medical care. Do not visit public areas.

Take care of yourself. Get rest and stay hydrated.

Stay in touch with your doctor. Call before you get medical care. Be sure to get care if you have trouble breathing, or have any other emergency warning signs, or if you think it is an emergency.

Separate yourself from other people.

Monitor your symptoms. Seek emergency medical attention if you have: trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face.

Continue to participate in school via short term Independent Study contract. Contact the school attendance office if the student is not able to participate due to personal illness.

COMMUNICATION PROTOCOLS

If communication is deemed necessary through the decision tree process in consultation with the school and district nurse, all communication will be distributed through the district office.

REPORT OF POSITIVE CASE OR POTENTIAL EXPOSURE OF STUDENT TO COVID-19

Each school will maintain a communication system that allows families to self-report symptoms and receive prompt notifications of exposures and closures while maintaining confidentiality, as required by FERPA and state law related to the privacy of educational records and other privacy laws. Parents/families/guardians should immediately report to the school if they have received a diagnosis of COVID-19 infection for their school-aged child. Likewise, if there is a chance that school-aged children have been exposed to a confirmed case of COVID-19, this should also be reported.

For the EUHSD COVID-19 Dashboard, visit https://www.euhsd.org/updates-remote-learning-resources/
COVID-19 SCREENING, EXPOSURE & NOTIFICATION PROTOCOLS - STAFF

STAFF SCREENING

Staff members should stay home if they are experiencing any illness or Covid-19 symptoms:

- A fever (100° or higher) or a sense of having a fever
- A new cough that cannot be attributed to another health condition
- New shortness of breath that cannot be attributed to another health condition
- A new sore throat that cannot be attributed to another health condition
- New muscle aches that cannot be attributed to another health condition or that may not have been caused by a specific activity (such as physical exercise)

NOTIFICATION OF POSSIBLE COVID-19 SYMPTOM, EXPOSURE, POSITIVITY - REPORT IMMEDIATELY

| Staff Member reports COVID-19 symptom, exposure, or confirmed infection to Supervisor | Supervisor reports to HR & Student Services | District office staff collects necessary data, gives direction, makes report to County Health |

CONTACTS

EUHSD’s Student Services and the Human Resources departments are the designated contacts for the local health department relative to contact tracing and reporting of COVID-19 cases.

Pandemic Response Coordinator
(760) 291-3219

EUHSD Bilingual Parent Liaison
(760) 291-3217

EUHSD Human Resources
(760) 291-3280
COVID-19 VACCINES AND RESOURCES

STUDENTS AND FAMILIES

COVID-19 VACCINE INFORMATION AND RESOURCES

Individuals 12 years and older can get a free Covid-19 vaccine. Schedule an appointment at a site near you at myturn.ca.gov.

Some available locations to get your COVID-19 vaccination in Escondido include:

- North Inland Public Health Center, 649 W. Mission Ave
  - Drop-ins welcome. open Tuesday – Saturday, 10 a.m. – 5:30 p.m.
- Sav-On, 1509 E. Valley Pkwy.
- Neighborhood Healthcare, 425 N. Date St.

Transportation resources

Free rides are available through the North County Transit District (NCTD) and Metropolitan Transit System (MTS). Show a confirmation email of your vaccine appointment that day - either a printout or on a smartphone - to get on board a NCTD or MTS vehicle for free.

Free COVID-19 testing

- North Inland Live Well Center, 649 W. Mission Ave
  - Tues-Sat 7-11 a.m., 12-4 p.m., 5-7 p.m. Appointments required.
- Cal State San Marcos, 333 S Twin Oaks Valley Rd, San Marcos (Parking Lot B on Craven Road)
  - Sun-Thurs 10:30a.m.-5 p.m. No appointment necessary.

Rapid antigen testing program for EUHSD students

Students who’ve been identified as a close contact to someone who’s tested positive for COVID-19 on campus could have the option to receive free COVID-19 tests through the rapid antigen testing program.

Parents/guardians must register and provide consent for their student to participate through the online portal.

For general information on COVID-19, visit the San Diego County website.

LAST UPDATED: 10.5.21
The three learning options available to EUHSD students follow California Department of Public Health and County of San Diego Health and Human Services Agency guidelines.
SAFETY CONSIDERATIONS FOR STUDENTS WITH DISABILITIES

- K-12 students with disabilities will adhere to the district policy on wearing facial coverings (CDPH Mask Mandate, see page 7)
- Students with disabilities struggling with facial covering compliance will receive support and instruction on the importance of wearing facial coverings
- Students whose disabilities prevent them from benefiting from support and instruction will have their IEP team meet to assess behaviors associated with the wearing of a face covering, offer alternatives to face coverings such as face shields or face shields with drapes, take face covering breaks outside the classroom, or teach/model/reinforce face coverings
- Should positive interventions result in minimal progress, the IEP team may meet and exempt the student from wearing a facial covering should this be a result of the student’s disability

CONSIDERATIONS FOR STAFF WORKING WITH STUDENTS WITH DISABILITIES

- Staff will be provided a face covering which is most conducive to addressing specific student needs
- IEP services will be delivered while adhering to CDPH guidelines by wearing facial coverings, and/or the use of desk shields or table guards, physical distancing, increased hand-washing, and sanitizing to the greatest extent possible
- All staff who work with students who require more hands-on services such as diapering, catheterization, feeding, etc. will utilize both face coverings, gloves, and other appropriate PPE, and follow established EUHSD protocols
The Escondido Union High School District is committed to the ongoing support of students social and emotional well-being. As our students begin to transition back to school, we have provided important connections to school-based support systems, as well as community supports that focus on student and family needs. We know that families and schools need to work closely together to ensure that students' individual needs for support are met during these challenging times. EUHSD families can access a list of resources or by accessing the district website. Once on the EUHSD web site, scroll to the bottom of the page and select “Community Resources” under the “Parents” tab.

**INSTRUCTIONAL SUPPORT**

**ACADEMIC SUPPORTS FOR ALL STUDENTS**

Students at all schools are encouraged to participate in academic tutoring. In addition, a variety of extra-curricular and co-curricular activities are available before and after school. Students and families should contact their school site for more information and to sign up.

**MENTAL HEALTH/SOCIAL-EMOTIONAL LEARNING**

The Escondido Union High School District is committed to the ongoing support of students social and emotional well-being. As our students begin to transition back to school, we have provided important connections to school-based support systems, as well as community supports that focus on student and family needs. We know that families and schools need to work closely together to ensure that students' individual needs for support are met during these challenging times. EUHSD families can access a list of resources or by accessing the district website. Once on the EUHSD web site, scroll to the bottom of the page and select “Community Resources” under the “Parents” tab.
INSTRUCTIONAL SUPPORT

STUDENT SUPPORTS

- Implement Monday weekly lessons focused on SEL. All students participate in these important lessons
- Use surveys to provide students and staff a forum to express their needs
- Provide school-based services for students and families
- Partner with critical community agencies and providers to provide supports for students and families
- School teams of site administrators, social workers, counselors, school psychologists, and District Service Center staff. Conduct visits to the homes of students who are not attending or not engaging in online learning. These visits afford another opportunity to connect students and families with needed supports
- Offer a menu of flexible counseling options that include in-person and virtual individual and group counseling sessions
- Offer afternoon programs for students to receive counseling and to participate in various activities
- Provide clear and consistent communication with families that need additional supports to get through this difficult time. Parents/guardians are encouraged to reach out to a school counselor, school psychologist, social worker, or administrator to discuss specific student needs

MENTAL HEALTH/SOCIAL-EMOTIONAL LEARNING

- Ensure that families, students, and staff are supported through the process of finding individualized mental health supports to meet their individual needs
- Raise awareness of supports and warning signs during Suicide Prevention Week and Red Ribbon Week
INSTRUCTIONAL SUPPORT

EUHSD RESOURCES

EUHSD partners with community agencies such as Escondido COMPACT, Palomar Family Counseling, Mental Health Systems, Interfaith, North County Lifeline, and the YMCA to increase access to mental health support and counseling. We also develop partnerships with and create access to new agencies such as Outdoor Outreach.

EUHSD has partnered with local faith-based organizations, health clinics, and nonprofit organizations to open wellness Centers across the District, which are expected to open during the Fall 2021 semester.

For more information, please visit the EUHSD website, call the school your student attends at the numbers listed below, or call the District Service Center.

Escondido High
(760) 291-4000

San Pasqual High
(760) 291-6000

Orange Glen High
(760) 291-5000

Valley High
(760) 291-2240

Del Lago Academy
(760) 291-2500

EUHSD Service Center
(760) 291-3200

Adult Education
(760) 737-8000
PROGRAMS AND SERVICES

NUTRITION SERVICES

The EUHSD Student Nutrition Services Department is committed to meeting the nutritional needs of each and every student during the 2021-2022 school year.

ON CAMPUS MEALS

- All school meals are free
- For meal information for students participating in Distancing Learning or Independent Study, please contact student nutrition at (760) 291-3240
EUHSD follows the CDPH Guidance for schools. The guidance is too open windows to the greatest extent practicable.

Bus drivers and students will be required to wear face coverings.
The VEBA Resource Center is available to staff and their families, providing complete care and help managing well-being through a wide range of programs and services focusing on a holistic and tailored approach. Visit the VEBA Resource Center webpage.
APPENDIX

COUNTY RESOURCES

- San Diego County Office of Education (SDCOE)
- County Vaccination Sites
- County’s Public Testing Sites
- County Test Sites Map
- San Diego County COVID-19 Decision Tree

STATE GUIDANCE

- COVID-19 Public Health Guidance for K-12 Schools in California, 2021-22 School Year
- California Masks and Face Coverings

DISTRICT RESOURCES

- EUHSD Website
- EUHSD COVID-19 Dashboard
- Community Resources
- VEBA Resource Center

REVISIONS TO GUIDE

This guide will be regularly reviewed and revised as necessary