EUHSD COVID-19 Guide 2021-22 School Year

College. Career. Life.

This document was revised March 24, 2022. Some information in this document may be subject to change due to the evolving pandemic situation. To find ongoing updates on EUHSD’s coronavirus response measures, visit our 2021/2022 school year website HERE.
# Table of Contents

## EUHSD Overview

3. Introduction and Message from Superintendent

## Health and Safety

4. Arriving at School/Work
5. Handwashing and Hand Sanitizer
6. Personal Protective Equipment
7. Face Coverings
8. Employee Face Coverings
9. Physical Distancing and Visitors to Campus
10. Facility Cleaning and Sanitization
11. Indoor Air Quality and Filters

## COVID-19 Screening, Exposure & Notification

12. Student Screening and FAQs
14. Isolation Recommendations
15. Quarantining and Notification Protocols
16. Staff Screening
17. COVID-19 Vaccine and Resources

## 2021-2022 Instructional Programs

18. Learning Options
19. Special Education

## Instructional Support

20. Academic Supports for All Students
21. Student Supports
22. EUHSD Resources

## Programs and Services

23. Nutrition Services
24. Transportation
25. Staff Supports

## Appendix

26. Appendix
We have all been impacted by the COVID-19 pandemic in a variety of ways. As a District we are united in making the best decisions for our students. The intent of this guide is to provide our staff, students, and families information pertaining to our 2021-2022 school year based on the most current information.

We have taken many steps to keep our school campuses open and communicate updates to ever changing guidance. Beginning in May 2020, we launched a “Futures Taskforce” to assist in the planning for reopening of our campuses and determining learning models and supports that meet county and state guidelines. We also worked with numerous advisory groups consisting of parents, students, and stakeholders from across the District and community to reopen our campuses. The information provided in this plan reflects the most current guidance set by the California Department of Public Health and San Diego County Public Health. As a District, we will adhere to the most recent COVID guidelines issued by the San Diego County Public Health (CDPH). Please note that this document is subject to change based on current public health orders set by the State of California and San Diego County.

We appreciate our teachers, staff, and administrators for their continued efforts on behalf of our students throughout the pandemic. We also want to thank our students and families for their understanding and support during this time of change. We look forward to our continued work together as conditions and guidance continues to evolve.

**EUHSD’S COVID-19 GUIDING PRINCIPLES**

**THESE CORE PRINCIPLES GUIDE THE BOARD, SUPERINTENDENT, STAFF, ADMINISTRATORS, AND TEACHERS TO ENSURE A SAFE AND CONSISTENT 2021-22 SCHOOL YEAR.**

**SAFETY + FLEXIBILITY**
Students and staff should monitor their health daily and not attend school or report to a district work facility if you:

- Have a fever of 100°F or more
- Are experiencing symptoms including a persistent cough, shortness of breath, runny nose, nasal congestion, sore throat, nausea, vomiting, diarrhea, fatigue, new loss of taste/smell, headache, muscle or body aches, or poor appetite
HANDWASHING AND HAND SANITIZER

Handwashing is strongly encouraged as one of the most effective ways to prevent the spread of any biological pathogen, including COVID-19. The hand sanitizer used by the District shall have a minimum alcohol content of 60% in order to efficiently promote the disinfection of an individual’s hands.

California Department of Public Health (CDPH) COVID-19 Industry Guidance: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx

- Employees are expected to frequently wash their hands. Hand-washing soap is provided in restrooms and all sinks
- Hand sanitizer is provided in common areas and at the public entrances to facilities
- Hand sanitizer dispensers have been installed inside or near the entrance to each classroom

Other supplemental actions have been taken as follows:
- Signs on proper hand-washing procedures are posted next to sinks.
- Hand sanitation is promoted throughout the day, especially:
  - Before and after using the restroom
  - Before and after breaks
  - Before and after meals or snacks
  - After coughing and/or sneezing
  - After being outside
HEALTH AND SAFETY

PERSONAL PROTECTIVE EQUIPMENT AND PROTOCOLS

PERSONAL PROTECTIVE EQUIPMENT (PPE)

All employees have been or will be provided with personal protective equipment to be used in accordance with current federal, state, and local mandates to protect themselves and others from the spread of the COVID-19 virus.

California Department of Public Health (CDPH) COVID-19 Industry Guidance: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx

The following items have been sent to schools based upon student enrollment, specialized programs, and number of staff:

- Cloth masks
- Disposable masks
- Face shields
- Hand sanitizer
- Gloves
- Gowns
- Spray bottle, soap and paper towels
- Thermometers
  (distributed for school health office use and special programs; not per classroom)
- N95 respirators

Additional PPE is provided upon request for employees who may perform duties that require specific PPE
On **February 28, 2022**, the California Department of Public Health (CDPH) announced that the universal masking requirement for K-12 school settings would terminate after **March 11, 2022**. This was a joint announcement by the Governors of California, Oregon, and Washington. Individuals are no longer required to wear masks in K-12 settings beginning on March 12, 2022. However, CDPH strongly recommends that individuals continue to mask in indoor settings. For information and exemptions please visit [CDPH](https://www.cdph.ca.gov/).

**STUDENT FACE COVERINGS**

Based on the updates released by the CDPH, individuals are no longer required to wear masks on school campuses. CDPH strongly recommends that individuals continue to mask in indoor settings. Students and staff members may continue to wear a mask while at school if that is their preference.
HEALTH AND SAFETY
PERSONAL PROTECTIVE EQUIPMENT AND PROTOCOLS

EMPLOYEE FACE COVERINGS

All EUHSD employees shall provide proof that they are fully vaccinated or test weekly for COVID-19, as required by the California Department of Public Health State Public Health Order issued on August 11, 2021.

https://www.cdph.ca.gov/Programs/GID/DCDC/Pages/COVID-19/Order-of-the-State-Public-Health-Officer-Vaccine-Verification-for-Workers-in-Schools.aspx

Pursuant to the guidance released by the California Department of Public Health (CDPH), the following applies for EUHSD staff:

Effective March 12, 2022, Cal/OSHA’s mask mandate for unvaccinated employees will end. Unvaccinated employees are no longer required to wear masks at work or in district vehicles as was previously required by Cal/OSHA.

Now, by both the CDPH and Cal/OSHA, masks for individuals in indoor K-12 and childcare settings, while strongly recommended, are no longer required regardless of a person’s vaccination status. This includes all school settings, including school buses and other district vehicles.
HEALTH AND SAFETY

PERSONAL PROTECTIVE EQUIPMENT AND PROTOCOLS

PHYSICAL DISTANCING

Evidence indicates that in person instruction can occur safely without minimal physical distancing requirements when other mitigation strategies (e.g. masking and handwashing) are implemented.

VISITORS TO CAMPUS

Non-essential visitors during regular school hours (including volunteers, and activities involving other groups) are currently limited.

Volunteers or non-essential visitors will be limited on campus.
The District has established cleaning and sanitization standards in conjunction with the Centers for Disease Control (CDC) recommendations to provide for the health and safety of its employees and the public that visits the Escondido Union High School District. The following definitions apply in this section.

CLEANING – Physical removal of soil (dirt and debris) from surfaces which can include the use of water and detergent.

SANITIZATION – Treating a surface to effectively reduce microorganisms of public health significance. Cleaning before sanitizing is recommended.

DISINFECTING – Destroying or inactivating microorganisms, including bacteria and viruses on surfaces.

CLEANING AND SANITIZING PROTOCOL

- Frequently touched surfaces (desks, seats, light switches, doorknobs, etc.) will be cleaned nightly by the custodial crew
- Restrooms will be cleaned on a regular basis
- Offices/classrooms will be cleaned nightly
- Custodians will follow CAL/OSHA requirements including proper ventilation during cleaning and disinfecting
- Cleaning products used by the Escondido Union High School District are FDA approved. Each product is vetted and its use is identified for specific cleaning purposes. Safety precautions and information on the makeup of each cleaning product can be found in the Safety Data Sheet (SDS) for the product. Product SDS information can be found in the front office and online in the operations section of the District website
- In the event of a positive COVID-19 case within the last 24 hours, the facility spaces occupied by the positive case will be deeply cleaned and disinfected
HEALTH AND SAFETY

INDOOR AIR QUALITY AND FILTERS

All heating, ventilation, and air conditioning (HVAC) systems have been checked, cleaned, maintained and all filters have been changed. HVAC systems all have MERV-13 filter. HVAC systems introduce uncirculated fresh air into classrooms based on recommendations from the American Society of Heating, Refrigeration, and Air Conditioning (ASHRAE). Rooms that do not have HVAC systems that are compatible with MERV-13 filters will have a portable HEPA filter installed.
If the student has an existing medical condition that exhibits symptoms consistent with COVID-19 (asthma, allergies, migraines, etc.), please provide a signed note to the health office from a licensed health care provider explaining how the symptoms are unrelated to COVID-19. If the school health office already has documentation of the student’s medical condition, no additional action is necessary.
COVID-19 SCREENING, EXPOSURE & NOTIFICATION PROTOCOLS

WHO IS Able TO TEST AT THE DISTRICT SERVICE CENTER?

Escondido Union High School District students and staff who've been identified as a close contact to someone who's tested positive for COVID-19 on campus could have the option to receive free COVID-19 tests through the rapid antigen testing program. This is a voluntary program, in partnership with the California Department of Public Health and the County of San Diego Health and Human Services Agency, which will help limit the number of close contact students who need to be quarantined.

Symptomatic students and staff are also able to test at the District Service Center. For complete details on how students and staff can access rapid antigen testing through the Escondido Union High School District [website].

Parents/guardians must register and provide consent for their student to participate through the [online portal]. Staff must also [register] prior to testing at the District Service Center.

WHAT SHOULD I DO IF I HAD CLOSE CONTACT WITH SOMEONE WHO HAS COVID-19 AND I HAVE NO SYMPTOMS?

In most instances, students may remain in school unless they develop symptoms or test positive for COVID-19. Being exposed to somebody with COVID-19 does not necessarily mean the person will become infected. In some instances, a student may have to quarantine if a member of their household tests positive for COVID-19. For complete guidance, review the current county [decision tree].

For specific guidance on symptom screening, follow the current county [decision tree] page 1.
COVID-19 SCREENING, EXPOSURE & NOTIFICATION PROTOCOLS

CLOSE CONTACTS

The Escondido Union High School District follows the group tracing model for close contacts. All students who have been identified as being a close contact will be notified. As long as students have no symptoms, they may remain in school and should test on day three, four, or five of the exposure. Students who are within 90 days of a prior COVID-19 infection should not test.

For complete guidance, please review the current COVID-19 Decision Trees for K-12 Schools.

STUDENTS WITH SYMPTOMS

Students with COVID-19 symptoms should stay home and follow the COVID-19 Decision Trees for K-12 Schools guidance.

Testing options are available through the Escondido Union High School District. Those can be viewed by clicking on the COVID-19 Testing link.
**COVID-19 SCREENING, EXPOSURE & NOTIFICATION PROTOCOLS - STUDENTS**

**WHEN QUARANTINING DUE TO COVID-19**

- **Stay home.** Most people with COVID-19 have mild illness and can recover at home without medical care. Do not leave your home, except to get medical care. Do not visit public areas.

- **Take care of yourself.** Get rest and stay hydrated.

- **Stay in touch with your doctor.** Call before you get medical care. Be sure to get care if you have trouble breathing, or have any other emergency warning signs, or if you think it is an emergency.

- **Separate yourself from other people.**

- **Monitor your symptoms.** Seek emergency medical attention if you have: trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face.

- **Continue to participate in school via short term Independent Study contract.** Contact the school attendance office if the student is not able to participate due to personal illness.

**COMMUNICATION PROTOCOLS**

If communication is deemed necessary through the decision tree process in consultation with the school and district nurse, all communication will be distributed through the district office.

**REPORT OF POSITIVE CASE**

Each school will maintain a communication system that allows families to self-report symptoms and receive prompt notifications of exposures and closures while maintaining confidentiality, as required by FERPA and state law related to the privacy of educational records and other privacy laws. Parents/families/guardians should immediately report to the school if they have received a diagnosis of COVID-19 infection for their school-aged child.

For the EUHSD COVID-19 Dashboard, visit [https://www.euhsd.org/updates-remote-learning-resources/](https://www.euhsd.org/updates-remote-learning-resources/)
COVID-19 SCREENING, EXPOSURE & NOTIFICATION PROTOCOLS - STAFF

STAFF SCREENING

Staff members should stay home if they are experiencing any illness or Covid-19 symptoms:

- A fever (100° or higher) or a sense of having a fever
- A new cough that cannot be attributed to another health condition
- New shortness of breath that cannot be attributed to another health condition
- A new sore throat that cannot be attributed to another health condition
- New muscle aches that cannot be attributed to another health condition or that may not have been caused by a specific activity (such as physical exercise)

NOTIFICATION OF POSSIBLE COVID-19 SYMPTOM, EXPOSURE, POSITIVITY - REPORT IMMEDIATELY

Staff Member reports COVID-19 symptom, exposure, or confirmed infection to Supervisor

Supervisor reports to HR

District office staff collects necessary data, gives direction, makes report to County Health

CONTACTS

EUHSD’s Student Services and the Human Resources departments are the designated contacts for the local health department relative to contact tracing and reporting of COVID-19 cases.

EUHSD Bilingual Parent Liaison
(760) 291-3217

EUHSD Human Resources
(760) 291-3280

EUHSD COVID-19 GUIDE
COVID-19 VACCINES AND RESOURCES

STUDENTS AND FAMILIES

COVID-19 VACCINE
INFORMATION AND RESOURCES

Individuals 5 years and older can get a free Covid-19 vaccine. Schedule an appointment at a site near you at myturn.ca.gov.

Some available locations to get your COVID-19 vaccination in Escondido include:

- North Inland Public Health Center, 649 W. Mission Ave.
  - Drop-ins welcome, open Tuesday – Friday, 10 a.m. – 5:30 p.m.
- Sav-On, 1509 E. Valley Pkwy.
- Neighborhood Healthcare, 425 N. Date St.

Transportation resources

Free rides are available through the North County Transit District (NCTD) and Metropolitan Transit System (MTS). Show a confirmation email of your vaccine appointment that day - either a printout or on a smartphone - to get on board a NCTD or MTS vehicle for free.

Free COVID-19 testing

- North Inland Live Well Center, 649 W. Mission Ave
  - Tues-Sat 7-11 a.m., 12-4 p.m., 5-7 p.m. Appointments required.
- Cal State San Marcos, 333 S. Twin Oaks Valley Rd, San Marcos (Parking Lot B on Craven Road)
  - Sun-Thurs 10:30a.m.-5 p.m. No appointment necessary.

Rapid antigen testing program for EUHSD students

Students who’ve been identified as a close contact to someone who’s tested positive for COVID-19 on campus could have the option to receive free COVID-19 tests through the rapid antigen testing program.

Parents/guardians must register and provide consent for their student to participate through the online portal.

For general information on COVID-19, visit the San Diego County website.
2021-2022 INSTRUCTIONAL PROGRAMS

LEARNING OPTIONS

The three learning options available to EUHSD students follow California Department of Public Health and County of San Diego Health and Human Services Agency guidelines.

**ON CAMPUS & IN PERSON**
- 5 DAYS A WEEK, 6 CLASSES IN-PERSON
- LIVE, IN-PERSON INSTRUCTION
- FOLLOWS THE SCHOOL BELL SCHEDULE
- ACADEMIC GRADES
- MANDATORY IN-PERSON ATTENDANCE
- SOCIAL EMOTIONAL SUPPORTS
- COLLEGE PREP COURSES MEET A-G REQUIREMENTS
- ALL SITE ELECTIVES AND ADVANCED PLACEMENT COURSES AVAILABLE

**ONLINE INDEPENDENT STUDY VIA EDGENUITY**
- 5 DAYS A WEEK, ONLINE LEARNING
- WEEKLY CHECK-INS WITH TEACHER
- INDIVIDUALIZED PACING & FLEXIBLE SCHEDULING
- ACADEMIC GRADES
- MANDATORY WEEKLY PARTICIPATION
- SOCIAL EMOTIONAL SUPPORTS
- COLLEGE PREP COURSES MEET A-G REQUIREMENTS
- VARIETY OF VIRTUAL ELECTIVES
- NO INDEPENDENT STUDY ADVANCED PLACEMENT COURSES
- MAY TAKE UP TO 2 ON-CAMPUS COURSES

**DISTANCE LEARNING VIA CANVAS**
- 5 DAYS A WEEK, 6 CLASSES VIRTUAL
- LIVE INSTRUCTION VIA VIDEO CONFERENCING
- FOLLOWS THE SCHOOL BELL SCHEDULE
- ACADEMIC GRADES
- MANDATORY VIRTUAL ATTENDANCE
- SOCIAL EMOTIONAL SUPPORTS
- COLLEGE PREP COURSES MEET A-G REQUIREMENTS
- VARIETY OF VIRTUAL ELECTIVES
- NO DISTANCE LEARNING ADVANCED PLACEMENT COURSES, HANDS-ON ELECTIVES, OR PERFORMING ARTS COURSES
- NOT RECOMMENDED FOR NCAA ATHLETES
INSTRUCTIONAL PROGRAMS

SPECIAL EDUCATION

SAFETY CONSIDERATIONS FOR STUDENTS WITH DISABILITIES

- K-12 students with disabilities will adhere to the district policy on wearing facial coverings (CDPH Mask Mandate, see page 7)

CONSIDERATIONS FOR STAFF WORKING WITH STUDENTS WITH DISABILITIES

- Staff will be provided a face covering which is most conducive to addressing specific student needs
- IEP services will be delivered while adhering to CDPH guidelines by wearing facial coverings, and/or the use of desk shields or table guards, physical distancing, increased hand-washing, and sanitizing to the greatest extent possible
- All staff who work with students who require more hands-on services such as diapering, catheterization, feeding, etc. will utilize both face coverings, gloves, and other appropriate PPE, and follow established EUHSD protocols
INSTRUCTIONAL SUPPORT

ACADEMIC SUPPORTS FOR ALL STUDENTS

Students at all schools are encouraged to participate in academic tutoring. In addition, a variety of extra-curricular and co-curricular activities are available before and after school. Students and families should contact their school site for more information and to sign up.

MENTAL HEALTH/SOCIAL-EMOTIONAL LEARNING

The Escondido Union High School District is committed to the ongoing support of students social and emotional well-being. As our students begin to transition back to school, we have provided important connections to school-based support systems, as well as community supports that focus on student and family needs. We know that families and schools need to work closely together to ensure that students' individual needs for support are met during these challenging times. EUHSD families can access a list of resources or by accessing the district website. Once on the EUHSD web site, scroll to the bottom of the page and select “Community Resources” under the “Parents” tab.
INSTRUCTIONAL SUPPORT

STUDENT SUPPORTS

- Implement Monday weekly lessons focused on SEL. All students participate in these important lessons
- Use surveys to provide students and staff a forum to express their needs
- Provide school-based services for students and families.
- Partner with critical community agencies and providers to provide supports for students and families
- School teams of site administrators, social workers, counselors, school psychologists, and District Service Center staff. Conduct visits to the homes of students who are not attending or not engaging in online learning. These visits afford another opportunity to connect students and families with needed supports
- Offer a menu of flexible counseling options that include in-person and virtual individual and group counseling sessions
- Offer afternoon programs for students to receive counseling and to participate in various activities
- Provide clear and consistent communication with families that need additional supports to get through this difficult time. Parents/guardians are encouraged to reach out to a school counselor, school psychologist, social worker, or administrator to discuss specific student needs

MENTAL HEALTH/SOCIAL-EMOTIONAL LEARNING

- Ensure that families, students, and staff are supported through the process of finding individualized mental health supports to meet their individual needs
- Raise awareness of supports and warning signs during Suicide Prevention Week and Red Ribbon Week
EUHSD has partnered with local faith-based organizations, health clinics, and nonprofit organizations to open Wellness Centers at Escondido, Orange Glen, and San Pasqual high schools.

EUHSD has partnered with local faith-based organizations, health clinics, and nonprofit organizations to open wellness Centers across the District, which are expected to open during the Fall 2021 semester.

For more information, please visit the EUHSD website, call the school your student attends at the numbers listed below, or call the District Service Center.
PROGRAMS AND SERVICES

NUTRITION SERVICES

The EUHSD Student Nutrition Services Department is committed to meeting the nutritional needs of each and every student during the 2021-2022 school year.

ON CAMPUS MEALS

- All school meals are free
- For meal information for students participating in Distancing Learning or Independent Study, please contact student nutrition at (760) 291-3240

COMMUNITY FOOD DISTRIBUTIONS

Monthly food distributions take place at Escondido, Orange Glen, San Pasqual, and Valley high schools.
EUHSD follows the CDPH guidance for schools. Masks are no longer required for individuals in school buses and other district vehicles.
The VEBA Resource Center is available to staff and their families, providing complete care and help managing well-being through a wide range of programs and services focusing on a holistic and tailored approach. Visit the VEBA Resource Center webpage.
APPENDIX

COUNTY RESOURCES

- San Diego County Office of Education (SDCOE)
- County Vaccination Sites
- County’s Public Testing Sites
- County Test Sites Map
- San Diego County COVID-19 Decision Tree

STATE GUIDANCE

- COVID-19 Public Health Guidance for K-12 Schools in California, 2021-22 School Year
- California Masks and Face Coverings

DISTRICT RESOURCES

- EUHSD Website
- EUHSD COVID-19 Dashboard
- Community Resources
- VEBA Resource Center

REVISIONS TO GUIDE

This guide will be regularly reviewed and revised as necessary