EUHSD COVID-19 Guide 2022-23 School Year

College. Career. Life.

This document was revised October 1, 2022. Some information in this document may be subject to change due to the evolving pandemic situation. To find ongoing updates on EUHSD’s coronavirus response measures, visit our 2022/2023 school year website HERE.
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We look forward to welcoming all students back to our campuses for the 2022-2023 school year. As a District we remain committed to maintaining a safe learning environment for all. We will adhere to the most recent COVID guidelines issued by the San Diego County Public Health department. The intent of this guide is to provide our staff, students, and families information which reflects the most current guidance set by the California Department of Public Health and County of San Diego Human Health and Services Agency. We look forward to our continued work together in support of our mission of empowering every student to graduate prepared for college, career, and life through excellence in learning.
Students and staff should monitor their health daily and not attend school or report to a district work facility if you:

- Have a fever of 100°F or more
- Are experiencing symptoms including a persistent cough, shortness of breath, runny nose, nasal congestion, sore throat, nausea, vomiting, diarrhea, fatigue, new loss of taste/smell, headache, muscle or body aches, or poor appetite
Hand-washing is strongly encouraged as one of the most effective ways to prevent the spread of any biological pathogen, including COVID-19.

Public Health Guidance for K–12 Schools:
https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2022-23-School-Year.aspx

- Everyone is encouraged to frequently wash their hands. Hand-washing soap is provided in restrooms and all sinks
- Hand sanitizer is provided in common areas and at the public entrances to facilities
- Hand sanitizer dispensers have been installed inside or near the entrance to each classroom
- Hand sanitation is encouraged throughout the day, especially:
  - Before and after using the restroom
  - Before and after breaks
  - Before and after meals or snacks
  - After coughing and/or sneezing
  - After being outside

![How to Handwash](image-url)
**FACE COVERINGS**

Masks, particularly high-quality and well-fitting masks, remain highly effective, inexpensive, and dynamic tools to protect oneself and mitigate transmission of COVID-19 and other respiratory pathogens.

[https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2022-23-School-Year.aspx](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2022-23-School-Year.aspx)

**FACE COVERINGS FOR STUDENTS AND STAFF**

Based on the updates released by the CDPH, individuals are no longer required to wear masks on school campuses. Masks are required in school health offices, which are considered health care settings. CDPH strongly recommends that individuals continue to mask in indoor settings. Students and staff members may continue to wear a mask while at school if that is their preference. Masks will be made available at each school site and EUHSD facility for anyone who would like to wear one.

*For special circumstances when mask wearing may be required, refer to the COVID-19 Decision Trees for K-12 Schools.*
HEALTH AND SAFETY

FACILITY CLEANING

The District has established routine cleaning standards in conjunction with the CDPH recommendations to provide for the health and safety of its employees and the public that visits the Escondido Union High School District.

CLEANING PROTOCOLS

- Frequently touched surfaces (desks, seats, light switches, doorknobs, etc.) will be cleaned routinely by the custodial crew
- Restrooms will be cleaned on a regular basis
- Offices/classrooms will be cleaned nightly
- Custodians will follow CAL/OSHA requirements including proper ventilation during cleaning and disinfecting
- Cleaning products used by the Escondido Union High School District are FDA approved. Each product is vetted and its use is identified for specific cleaning purposes. Safety precautions and information on the makeup of each cleaning product can be found in the Safety Data Sheet (SDS) for the product. Product SDS information can be found in the employee lounge and online in the operations section of the District website
HEALTH AND SAFETY

INDOOR AIR QUALITY AND FILTERS

All heating, ventilation, and air conditioning (HVAC) systems have been checked, cleaned, maintained and all filters have been changed. HVAC systems all have MERV-13 filter. HVAC systems introduce uncirculated fresh air into classrooms based on recommendations from the American Society of Heating, Refrigeration, and Air Conditioning (ASHRAE). Rooms that do not have HVAC systems that are compatible with MERV-13 filters will have a portable HEPA filter installed.
EUHSD works in coordination with the San Diego County Office of Education and the County of San Diego Health and Human Services Agency to conduct screening, quarantining, and contact-tracing, under the guidance of the California Department of Public Health. The current county decision tree is used.

STUDENT SCREENING - AT HOME

To ensure a safe and healthy school environment, please screen your student for symptoms of illness (see page 4) prior to school day.

Please use these guidelines to make the best decision for your student and for the health of others.

FREQUENTLY ASKED QUESTIONS

WHAT IF I HAVE AN EXISTING MEDICAL CONDITION?

If the student has an existing medical condition that exhibits symptoms consistent with COVID-19 (asthma, allergies, migraines, etc.), please provide a signed note to the health office from a licensed health care provider explaining how the symptoms are unrelated to COVID-19. If the school health office already has documentation of the student’s medical condition, no additional action is necessary.
WHAT SHOULD I DO IF I HAD CLOSE CONTACT WITH SOMEONE WHO HAS COVID-19 AND I HAVE NO SYMPTOMS?

In most instances, students may remain in school unless they develop symptoms or test positive for COVID-19. Being exposed to somebody with COVID-19 does not necessarily mean the person will become infected. For complete guidance, review the current county decision tree.

STUDENTS WITH SYMPTOMS

Please continue to monitor your student’s health daily and do not send students with COVID-19 symptoms to school. Students with symptoms may return to school after receiving one negative antigen test result. For complete guidance, please review the current COVID-19 Decision Trees for K-12 Schools guidance.

Free at-home test kits for EUHSD students and staff are available at all EUHSD school sites and the District Service Center.
COVID-19 SCREENING, EXPOSURE & NOTIFICATION PROTOCOLS - STUDENTS

QUARANTINING AND NOTIFICATION PROTOCOLS

Stay home. Most people with COVID-19 have mild illness and can recover at home without medical care. Do not leave your home, except to get medical care. Do not visit public areas.

Take care of yourself. Get rest and stay hydrated.

Stay in touch with your doctor. Call before you get medical care. Be sure to get care if you have trouble breathing, or have any other emergency warning signs, or if you think it is an emergency.

Separate yourself from other people.

Monitor your symptoms. Seek emergency medical attention if you have: trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face.

Continue to participate in school via short term Independent Study contract. Contact the school attendance office if the student is not able to participate due to personal illness.

COMMUNICATION PROTOCOLS

If communication is deemed necessary through the decision tree process in consultation with the school and district nurse, all communication will be distributed through the district office.

REPORT OF POSITIVE CASE

Each school will maintain a communication system that allows families to self-report symptoms and receive prompt notifications of exposures while maintaining confidentiality, as required by FERPA and state law related to the privacy of educational records and other privacy laws. Parents/families/guardians should immediately report to the school if they have received a diagnosis of COVID-19 infection for their student.

For the EUHSD COVID-19 Dashboard, visit https://www.euhsd.org/updates-remote-learning-resources/
COVID-19 SCREENING, EXPOSURE & NOTIFICATION PROTOCOLS - STAFF

STAFF SCREENING

Staff members should stay home if they are experiencing any illness or Covid-19 symptoms:

- A fever (100° or higher) or a sense of having a fever
- A new cough that cannot be attributed to another health condition
- New shortness of breath that cannot be attributed to another health condition
- A new sore throat that cannot be attributed to another health condition
- New muscle aches that cannot be attributed to another health condition or that may not have been caused by a specific activity (such as physical exercise)

NOTIFICATION OF POSSIBLE COVID-19 SYMPTOM OR POSITIVE TEST - REPORT IMMEDIATELY

Staff Member reports COVID-19 symptom, exposure, or confirmed infection to Supervisor

Supervisor reports to HR & Student Services

District office staff collects necessary data, gives direction, makes report to County Health

CONTACTS

EUHSD’s Student Services and the Human Resources departments are the designated contacts for the local health department relative to contact tracing and reporting of COVID-19 cases.

Coordinator of Attendance Outreach (760) 291-3219

EUHSD Bilingual Parent Liaison (760) 291-3217

EUHSD Human Resources (760) 291-3280
COVID-19 VACCINES AND RESOURCES

COVID-19 VACCINE INFORMATION AND RESOURCES

Individuals 6 months and older can get a free Covid-19 vaccine. Schedule an appointment at a site near you at myturn.ca.gov.

COVID-19 vaccinations in Escondido

- North Inland Public Health Center, 649 W. Mission Ave.
  - No appointment necessary, Monday – Friday, 9:30 a.m.-4:30 p.m.

Transportation resources

Free rides are available through the North County Transit District (NCTD) and Metropolitan Transit System (MTS). Show a confirmation email of your vaccine appointment that day - either a printout or on a smartphone - to get on board a NCTD or MTS vehicle for free.

Free COVID-19 testing

- North Inland Live Well Center, 649 W. Mission Ave
  - Tues-Sat 7-11 a.m., 12-4 p.m., 5-7 p.m. Appointments required.
- Cal State San Marcos, 333 S. Twin Oaks Valley Rd, San Marcos (Parking Lot B on Craven Road)
  - Mon-Fri 10 a.m. - 5 p.m. Sat-Sun 9 a.m.- 4 p.m. No appointment necessary.

Rapid antigen tests

Every residential address in the US is eligible to order four at-home COVID-19 test kits at no-cost. Tests can be ordered online at COVIDtests.gov or by calling 1-800-232-0233, 5 a.m.-9 p.m., seven days a week. Only your name and residential address is required to place an order. No ID, credit card, or health insurance information is needed.

Free test kits are available at EUHSD schools and the district office for EUHSD students and staff who've been identified as a close contact to someone who's tested positive for COVID-19 on campus.

For general information on COVID-19, visit the San Diego County website.
The two learning options available to EUHSD students follow California Department of Public Health and County of San Diego Health and Human Services Agency guidelines.

**ON CAMPUS AND IN PERSON**
- 5 DAYS A WEEK, 6 CLASSES IN-PERSON
- LIVE, IN-PERSON INSTRUCTION
- FOLLOWS THE SCHOOL BELL SCHEDULE
- ACADEMIC GRADES
- MANDATORY IN-PERSON ATTENDANCE
- SOCIAL EMOTIONAL SUPPORTS
- COLLEGE PREP COURSES MEET A-G REQUIREMENTS
- ALL SITE ELECTIVES AND ADVANCED PLACEMENT COURSES AVAILABLE

**ONLINE INDEPENDENT STUDY VIA EDGENUITY**
- 5 DAYS A WEEK, ONLINE LEARNING
- WEEKLY CHECK-INS WITH TEACHER
- INDIVIDUALIZED PACING & FLEXIBLE SCHEDULING
- ACADEMIC GRADES
- MANDATORY WEEKLY PARTICIPATION
- SOCIAL EMOTIONAL SUPPORTS
- COLLEGE PREP COURSES MEET A-G REQUIREMENTS
- VARIETY OF VIRTUAL ELECTIVES
- NO INDEPENDENT STUDY ADVANCED PLACEMENT COURSES
APPENDIX

COUNTY RESOURCES

- San Diego County Office of Education (SDCOE)
- County Vaccination Sites
- County’s Public Testing Sites
- County Test Sites Map
- San Diego County COVID-19 Decision Tree

STATE GUIDANCE

- COVID-19 Public Health Guidance for K-12 Schools in California, 2022-23 School Year
- California Masks and Face Coverings

DISTRICT RESOURCES

- EUHSD Website
- EUHSD COVID-19 Dashboard
- Community Resources
- VEBA Resource Center

This guide will be regularly reviewed and revised as necessary